

CALL OUR PREGNANCY AND PARENTING HELPLINE TODAY

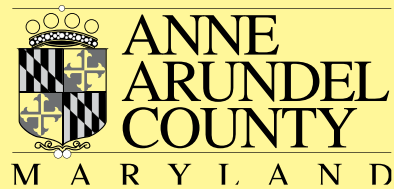
THE FAMILY TREE
FAMILY STRESSLINE:
1-800-243-7337

A 24-hour family crisis hotline that provides assistance with parent stress management and child behavior management. Also provides referrals to community resources.

ANNE ARUNDEL COUNTY
PREGNANCY & PARENTING

HAVE A HEALTHY BABY.

www.aahealthybabies.org



**HEALTHY
BABIES**
RESOURCE LIST

General Telephone Number: 410-222-7095
Website: www.aahealthybabies.org

Dental Health Services:
Annapolis: 410-222-7138
Glen Burnie: 410-222-6861

Healthy Start Services for Pregnant
Women and Infants:
410-222-7177

Services include health advice, referrals, telephone consultations and home visits, parenting support and child development information, baby supplies and transportation assistance.

HIV/AIDS Services and Programs:
410-222-7108

Immunization Services:
410-222-4896

Flu Shot Clinic Information:
410-222-7343 (October-December)

Lead Poisoning Prevention:
410-222-7003

Learn To Live, Focus on Healthy Living:
410-222-7979

Free information on quitting smoking, secondhand smoke, healthy eating and other health topics.

Maryland Children's Health Program (MCHP)/
Medical Assistance for Families:
410-222-4792

Health insurance for eligible children up to age 21 as well as parents (including pregnant women) and other family members caring for children.

Medical Assistance/Health Choice Transportation:
410-222-7152

Prescription Discount Program:
410-222-4531, mention Group #586

REACH (REsidents Access to a Coalition
of Health) Program:
410-222-4531

Offers low-cost health care to adults ages 19-64 who have no health insurance and are income-eligible.

Reproductive Health Services:
410-222-7145

Services include health exams, family planning and free pregnancy tests to women ages 25 and under.

Substance Abuse Treatment Referral Line:
410-222-0117

Women, Infants, and Children (WIC)
Supplemental Nutrition Program:
410-222-6797

Provides healthy food, nutrition education and breastfeeding information and support to income-eligible pregnant and postpartum women and children from birth to age 5.

LOCAL COMMUNITY HEALTH CENTERS, HOSPITALS AND BIRTHING CENTERS

Anne Arundel Medical Center:
443-481-4000, www.aahs.org

Baltimore Washington Medical Center:
410-787-4000, www.bwmc.umms.org

Bay Area Midwifery Center:
410-573-1094, www.bayareamidwifery.com

Harbor Hospital:
410-350-3200, www.harborhospital.org

Owensville Primary Care:
410-867-4700

People's Community Health Centers:
410-467-6040, www.peopleschc.org

Special Beginnings Birth and Women's Center:
410-626-8982, www.specialbeginnings.com

OTHER LOCAL RESOURCES

Anne Arundel County Community Action
Partnership: 410-626-1900, www.aceoc.com
Offers Early Head Start, Head Start,
housing counseling and energy assistance.

Anne Arundel County Department of
Social Services:
Annapolis: 410-269-4500
Glen Burnie: 410-421-8500
www.dhr.state.md.us/annearundel.htm

Anne Arundel County Domestic Violence
Hotline: 410-222-6800, www.ywcaaac.org

Anne Arundel County Mental Health
Agency, Inc.: 410-222-7858
www.aamentalhealth.org

Anne Arundel County Stork's Nest Program:
410-787-4366
[www.bwmc.umms.org/women_and_children/
storks_nest.html](http://www.bwmc.umms.org/women_and_children/storks_nest.html)

A free prenatal education program for Anne Arundel
County pregnant women.

Arundel Child Care Connections:
410-222-1728, www.arundelccc.org
Offers assistance in locating licensed child care.

Family Support Centers:
Annapolis: 410-269-4478
Glen Burnie: 410-421-8466
West County: 410-551-2411

Maryland Kids in Safety Seats (KISS):
1-800-370-SEAT (7328)

YWCA Annapolis and Anne Arundel County:
410-626-7800, www.ywcaaac.org
Support programs, cribs and services for pregnant
women and parents.

Food Pantries:
Food Link, Inc.: 410-222-7853
North County Emergency Outreach: 410-766-1826
Severna Park Assistance Network: 410-647-0889
South County Baby Food Pantry: 410-867-0346