



Immunize for Life

MOMS & MOMS-TO-BE

*Surround Your Baby with Protection –
Get Vaccinated Against
Whooping Cough and Flu*

Vaccinations are important if you want to have a baby or if you are expecting. Immunizations can help protect you and your unborn child from diseases. They also protect your whole family and others around you.

Tdap (Tetanus, Diphtheria & Whooping Cough)

After giving birth, ask your health care provider about the Tdap vaccine. This will give you updated protection from tetanus (lockjaw) and diphtheria. The Tdap vaccine will also protect you and your baby from pertussis (commonly known as whooping cough). Newborns lack protection from whooping cough until they begin their DTaP vaccine series at age 2 months. They continue with the series at 4 months, 6 months, between 15 and 18 months, and with a booster between 4 and 5 years of age.

Close contacts of your baby, such as siblings, fathers, grandparents, day care providers and others aged 11-64, should be immunized once with Tdap in place of the tetanus-diphtheria (Td) booster, which is usually recommended every 10 years.

Stay Healthy at Every Age Immunize at Every Stage

Influenza (Flu)

During flu season (October – March), pregnant women are more likely to have complications from the flu. A flu shot is recommended to help protect moms-to-be and their babies, who cannot receive a flu vaccine until age 6 months. Others in close contact with your baby should also get flu vaccines.

Most types of flu vaccine are usually available from October through June in area health centers and through scheduled mass clinics located around the County.

Visit the Department of Health's website, www.aahealth.org, in the fall for a flu clinic schedule, or call the Flu Information Line at 410-222-7343.

To make an appointment or to find out days for walk-in clinics, call the health center closest to you, Monday – Friday, 8:00 a.m. – 4:30 p.m.

Glen Burnie Health Center

416 A Street, S.W.
Glen Burnie, MD 21061
410-222-6633

Parole Health Center

1950 Drew Street
Annapolis, MD 21401
410-222-7247

Immunizations are free; however, donations are appreciated.

For more information, call the Department of Health's Immunization Services Program at 410-222-4896, or contact your health care provider.

